



June 2026





Prof Dr Muhammad Akram Malik
Principal UMDC

It gives me great pleasure to present this edition of the UMDC Monthly Newsletter, which brings together the achievements and activities of our institution over the past month. Medical education is not confined to lecture halls and laboratories. It is equally shaped by the experiences gained through patient care, research, teamwork, community service, professional engagement, and the courage to address emerging challenges in healthcare. The achievements highlighted in this newsletter demonstrate how our students and faculty are embracing these opportunities and contributing to a culture that values both academic excellence and social responsibility. Together, we continue to strengthen our commitment to excellence in medical education, research, patient care, and service to the community. I invite you to explore this edition and celebrate the accomplishments and inspiring initiatives that continue to shape our institution and contribute to the advancement of healthcare.

Welcome to this new edition of the University Medical & Dental College Newsletter, highlighting the achievements and activities of our Dental College. This issue is especially significant as we celebrate the excellent performance of our BDS students in the University of Health Sciences (UHS) Professional Examinations, an achievement that reflects their hard work, the dedication of our faculty, and the quality of education and training at UMDC. Alongside this academic success, the newsletter features our ongoing efforts in clinical training, research, professional development, and community oral healthcare.

I invite you to explore this edition and celebrate the achievements and initiatives that reflect the energy and commitment of our Dental College. With a strong focus on learning, clinical excellence, research, and service, we remain committed to preparing our students not only to excel in their profession but also to make a positive difference in the lives of the patients and communities they serve.



Prof Dr Farrukh Imran
Principal Dental College (UMDC)

Celebrating Excellence: UMDC Honored MBBS Position Holders and Distinction Achievers



University Medical & Dental College proudly celebrates the outstanding achievements of its position holders across all five academic years. Their dedication, perseverance, and commitment to excellence reflect the high academic standards

upheld at UMDC. We applaud their remarkable success and the inspiration they provide to their peers. Congratulations to all our high achievers for setting a benchmark of excellence and making the UMDC family proud.



Excellent Results Highest Final Year MBBS Result



Zuha Arshad

1st Position
& Distinction in
Medicine & Paediatrics



Sara Shahbaz

2nd Position
& Distinction in
Medicine & Surgery



Zuha Tahir

3rd Position

Excellent Results in 4th Professional MBBS Annual Exam-2025



Ayesha Siddiqa

1st Position
& Distinction in
Community Medicine,
Special Pathology, Ent



Zarish Noor

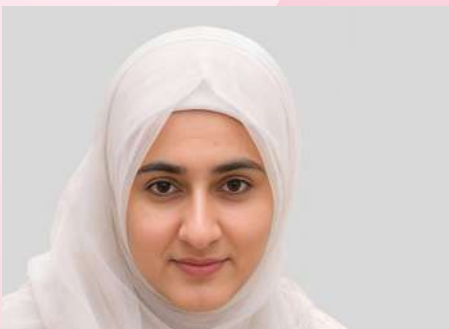
3rd Position
& Distinction in
Special Pathology



Laiba Wali

2nd Position
& Distinction in
Special Pathology

Excellent Results in 3rd Professional MBBS Examination



Eman Alamgir

1st Position
Distinctions in
Block IX



Kashaf Eman

2nd Position
Distinctions in
Block VII



Saffa Bilal

3rd Position

Excellent Results in 2nd Professional MBBS Annual Exam–2025**Shamain Zia**

1st Position
& Distinction in
Block IV, V, VI

**Amna Mehmood**

2nd Position
& Distinctions in
Block VI

**Aqsa Ali**

3rd Position

Excellent Results in 1st Professional MBBS Annual Exam–2025**Alisha Aqeel**

1st Position
Distinctions in
Block I, II & III

**Kanza Mughal**

2nd Position
Distinctions in
Block I, II & III

**Momina Rehman**

3rd Position
Distinctions in
Block I, II & III

MWAP–PJMSResearch Scholarship Award**MALEEHA AKBAR**

4th Year MBBS Student

University Medical & Dental College proudly congratulates Maleeha Akbar, a 4th Year MBBS student, on receiving the prestigious MWAP–PJMS Research Scholarship Award. Her research project, "Voices Unheard: Awareness, Perception & Reporting Hesitation Regarding Workplace Harassment among Female Healthcare Professionals," conducted under the supervision of the Department of Medical Education, reflects her dedication to addressing critical healthcare issues through meaningful research. This remarkable accomplishment is a proud moment for the entire UMDC family. We wish her continued success in her academic and research journey.

Celebrating Excellence: UMDC Honored UHS Position Holders and Distinction Achievers



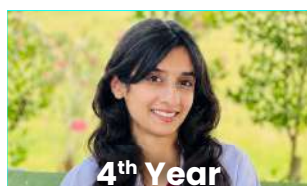
The College of Dentistry at the University Medical & Dental College (UMDC) hosted an inspiring interactive session to celebrate the remarkable achievements of its 3rd-year and Final-Year BDS students. These exceptional future dental professionals brought immense pride to the institution by securing the prestigious 1st, 3rd, and 4th positions in the University of Health Sciences (UHS) examinations.

The event was marked by the active participation of the worthy Patron-in-Chief, Mian Muhammad Hanif (SI), whose presence served as a powerful source of motivation and encouragement. He personally engaged with the position holders and distinction achievers, acknowledging their dedication, perseverance, and academic excellence.

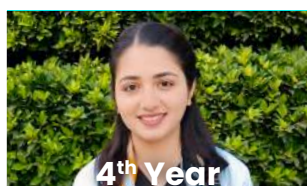




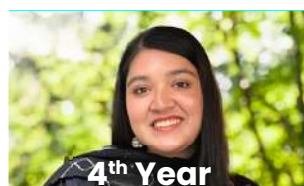
BDS TOP POSITIONS IN UHS



4th Year
ROHMA SHAHID
1st Position in UHS

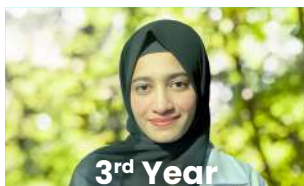


4th Year
BUSHRA SHAHID
2nd Position in UHS



4th Year
MUNEEBA SIDDIQUE
4th Position in UHS

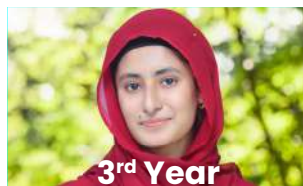
BDS TOP POSITIONS IN UMDC



3rd Year
GHAZALA LARAIB
2nd Position in UMDC



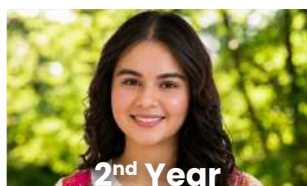
3rd Year
LINTA KHALIL
3rd Position in UMDC



3rd Year
AYESHA ALI GHUMMAN
1st Position in UMDC



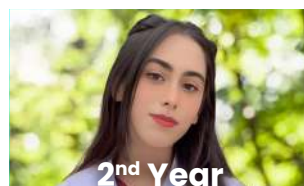
3rd Year
HURIA EJAZ
2nd Position in UMDC



2nd Year
AINA MARZIA BUKHAR
1st Position in UMDC



2nd Year
FATIMA
2nd Position in UMDC

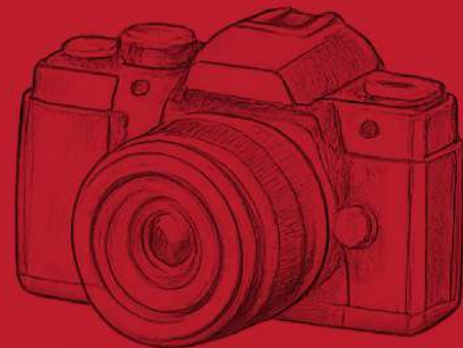


2nd Year
LAIBA SHAHID
3rd Position in UMDC

UMDC Celebrates Creativity Through “Smiles that Inspire” Photo Essay Competition

The Department of Dental Education, **Dental College**, University Medical & Dental College (**UMDC**), successfully organized the Photo Essay Competition titled “**Smiles that Inspire**” under the patronage and leadership of **Prof Dr Mian Farrukh Imran**, Principal, Dental College UMDC.

The event was spearheaded by **Dr Fatima Amin**, Assistant Professor and Director, Department of Dental Education, whose dedication, vision, and commitment, along with the collective efforts of her team and faculty members from all dental departments, contributed significantly to the



success of this memorable initiative.

The event was attended by distinguished guests, including **Prof Dr Amanullah Malik**, Director, TUF; **Prof Dr Amir Ali Chaudhary**, Head of the Department of Ophthalmology; **Dr Tahmasub Faraz Tayyab**, Principal, Niazi Dental College; **Dr Hina Barkaat**, Associate Professor of Community Dentistry, Niazi Medical & Dental College, Sargodha; **Dr Waqas Rashid**, Associate Professor; **Prof Dr Sumera Badar Ehsan**, Public Health and Medical Education Expert; **Dr Raheela Gauhar**, General Practitioner; Dr Noor-i-Kiran, Head of the Department of Medical Education, ABWA Medical College; and Dr Taimur-ul-Hassan, Head of the Department of Medical Education, IMDC.

The competition reflected the spirit of teamwork, creativity, and academic excellence that Dental College UMDC strives to promote. It provided students and faculty members with a meaningful platform to express their perspectives through photography and storytelling while celebrating the diverse experiences and aspirations of future oral healthcare professionals.



Competition Winners

BDS Category
1st Position: Saba Javaid (3rd Year BDS)

2nd Position: Eisha Nazir (3rd Year BDS)

Dental Technology Category
1st Position: Aliza Fatima (6th Semester BSDT)

2nd Position: Hunaina Zulfiqar (6th Semester BSDT)

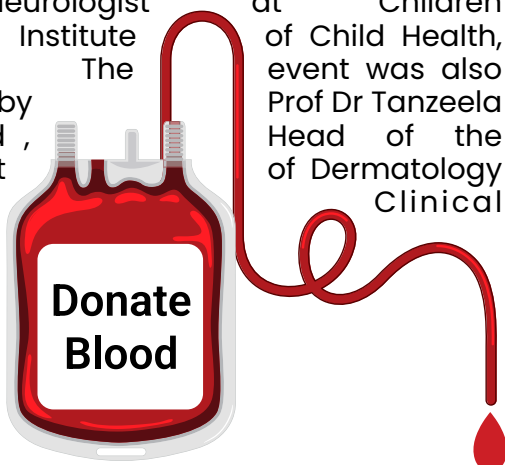
Before

After

UMDC Marked World Blood Donor Day with Awareness Seminar and Student Activities

To commemorate World Blood Donor Day, observed globally on 14 June as a tribute to millions of voluntary, unpaid blood donors who give others a second chance at life, the Department of Pathology, University Medical & Dental College (UMDC), organized a seminar and a series of awareness activities under the theme, "One Drop of Humanity. Give Blood. Save Lives."

This year's event focused on highlighting the significance of safe blood donation and proper transfusion practices. The seminar featured an enlightening session by the guest speaker, Dr Ahmad Umair Virk, Consultant Paediatric Neurologist at Children Hospital & Institute Faisalabad. The event was also graced by Prof Dr Tanzeela Khalid, Head of the Department of Dermatology and Dean, Clinical Research.



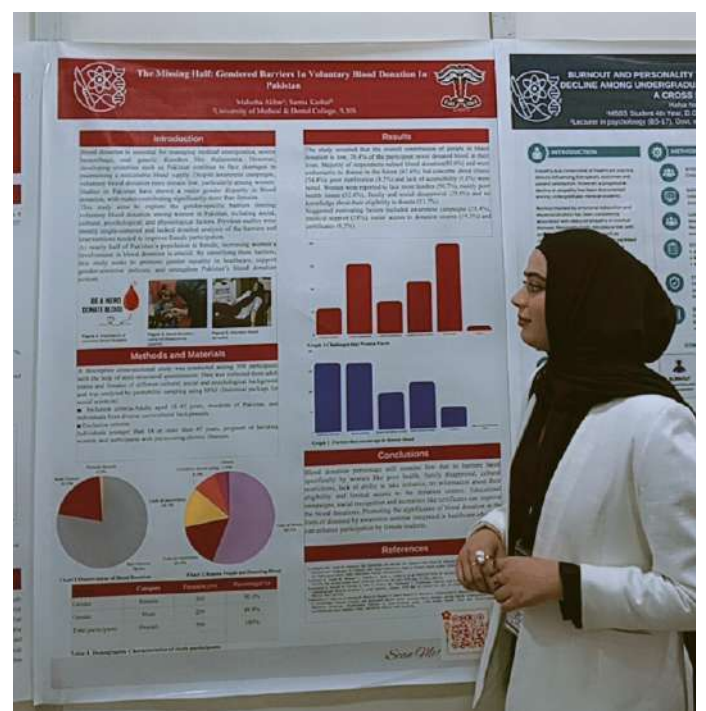
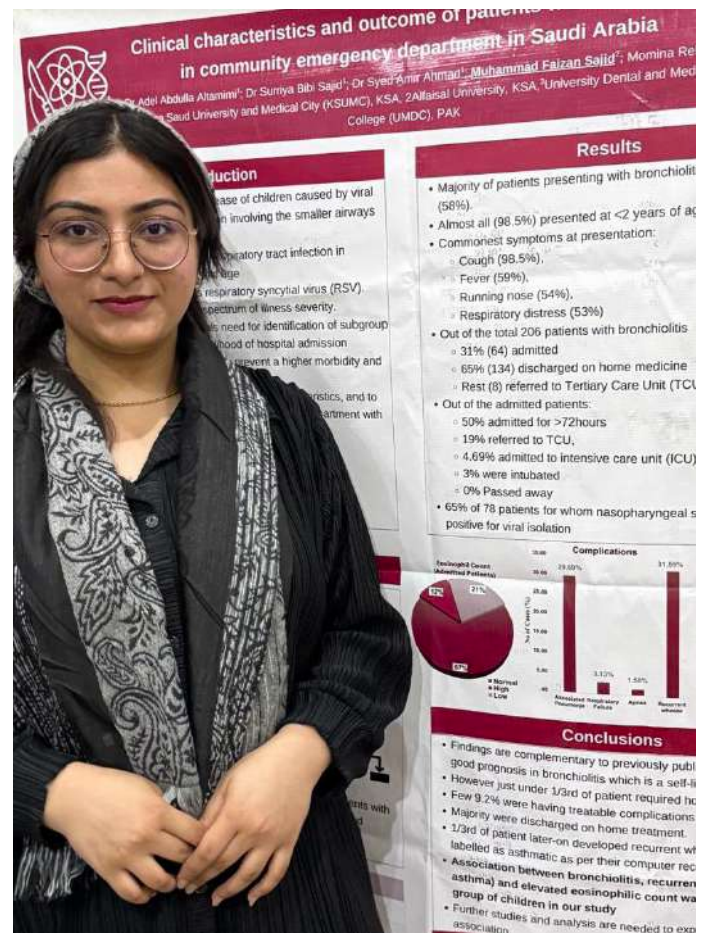
During the event, Dr Sadia Ijaz, Head of the Blood Donation Society, UMDC, presented an overview of the society's mission, achievements, and recent activities. A role-play presentation by second-year students effectively conveyed the importance of blood donation and its impact on saving lives. A quiz competition among third-year students further added to the educational value of the event.

At the conclusion of the event, Dr Shazia Aslam, Vice Principal, UMDC, delivered the vote of thanks and expressed her appreciation to the UMDC Blood Donation Society team, faculty members, and supporting staff for their valuable contributions towards the successful organization of the event.



UMDC Students Earn Recognition for Presenting their Research at NRIC 2026

UMDC students Momina Rehman and Sahar Zafar (2nd Year MBBS) and Maleeha Akbar (4th Year MBBS) proudly presented their original research as poster presentations at the National Research and Innovation Conference 2026 (NRIC'26) hosted by King Edward Medical University. Their research abstracts were selected through a highly competitive peer-review process, reflecting the scientific quality and originality of their work. The presentations received appreciation from researchers, faculty members, and conference participants. Their achievement highlights UMDC's growing research culture and commitment to academic excellence. Congratulations to these young researchers for representing the institution with distinction, and best wishes for their continued success.



BDS Students attend Research Conference (NRIC-26) at KEMU

Final-year BDS students of the University Medical & Dental College (UMDC) enthusiastically participated in the National Research and Innovation Conference 2026 (NRIC-26) held at King Edward Medical University, Lahore. The conference provided an excellent platform for aspiring dental professionals to engage with the latest developments in research and innovation while interacting with leading academicians, researchers, and students from across the country. The visit enriched students' academic experience through insightful scientific sessions, research presentations, and meaningful scholarly discussions, strengthening their understanding of evidence-based dental practice and collaborative learning. The memorable experience reflected UMDC's commitment to promoting a vibrant research culture and preparing future dentists with the knowledge, confidence, and collaborative spirit required to excel in the evolving field of oral healthcare.



UMDC Conducts Dental Health Camp to Promote Community Oral Health

As part of its commitment to community service and oral health promotion, the Department of Community Dentistry, UMDC, organized a Dental Health Camp at Govt. Graduate College of Commerce, Abdullah Pur, Faisalabad on June 11, 2026. The camp was conducted by 2nd Year, 3rd Year, and Final Year BDS students under the guidance and supervision of faculty members. The initiative aimed to enhance oral health awareness and promote positive oral hygiene practices among the students of the institution. During the camp, educational sessions were conducted to highlight the importance of maintaining good oral hygiene and the adverse effects of unhealthy dietary habits on oral and general health. Dental screenings and oral health assessments were carried out by the dental team, and participants were provided with personalized guidance regarding preventive oral care and healthy lifestyle practices.

The activity served as a valuable platform for community engagement, benefiting the participants through increased awareness and early identification of oral health concerns. At the same time, it provided BDS students with meaningful hands-on experience in preventive and community dentistry, further strengthening their clinical skills, professional competence, and sense of social responsibility.



مدینہ ٹیچنگ ہسپتال میں اب کینسر کے مکمل علاج کا آغاز



کینسر کے خلاف جنگ میں آپ کے ساتھ
جسم کے کسی بھی حصے میں ہر قسم کی گلی، رسولی
اور کینسر کی مکمل تشخیص اور کامیاب علاج

کیمو تھراپی، امیونو تھراپی اور ٹارگٹڈ تھراپی موجود ہے

- ← ہر قسم کی گلیوں کا کینسر ← چھاتی کا کینسر
- ← خون کا کینسر ← بچہ دانی کا کینسر
- ← پھیپھڑوں کا کینسر ← گردہ، مثانہ کا کینسر
- ← ہڈیوں کا کینسر ← جگر اور انٹریوں کا کینسر
- ← دماغ کا کینسر ← منہ، ناک، کان، گلے کا کینسر

بچاؤ اور سکریننگ پروگرام



کینسر سے بچاؤ اور ابتدائی تشخیص
کے لیے مفت سکریننگ کیمپس



اپنا صحت کارڈ لائیں
اور مکمل علاج مفت کرائیں

اوقات کار: سو موارتا جمعہ
صبح 8:00 بجے سے دوپہر 2:00 بجے تک

مدینہ ٹیچنگ ہسپتال

MADINA TEACHING HOSPITAL



معیاری اور محفوظ نارمل ڈلیوری / سی سیکشن

→ ماں کے لیے بہتر، بچے کے لیے محفوظ ←



نارمل ڈلیوری

انتہائی کم خرچ

صرف **15,000** روپے
(تمام اخراجات شامل)

سی سیکشن

انتہائی کم خرچ

صرف **30,000** روپے
(تمام اخراجات شامل)

ہماری سہولیات

ماہر ڈاکٹرز کی ٹیم | جدید لیبر روم | زچہ بچہ کی مکمل دیکھ بھال | نرسری کی سہولت



کم اخراجات
بہترین سہولیات
خدمت کے
جذبے کے ساتھ

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041-8869862



info@mth.org.pk



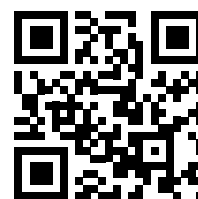
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